



January 2009 Newsletter



HAPPY NEW YEAR TO ALL THE WONDERFUL K4K USA FAMILIES!

If you'll not settle for anything less than your best, you will be amazed at what you can accomplish in your lives. -Vince Lombardi

Important Upcoming Dates:

Session 1- New Schedule	January 5 (PDF attached)
Ninja Nites	January 10 and 17
Sparring Tournament	January 31
Break-a-thon	March 15

And January coupons inside!



Here Are 7 Steps to Help You Achieve Your Goals!

- 1: Define your goal. (Be specific)
- 2: Set a deadline.
- 3: List obstacles in your way. (Physical and psychological)
- 4: List skills/knowledge/items needed to achieve your goal.
- 5: List people/organizations/books/resources that can help you achieve your goal.
- 6: List benefits. Why is this important to you?
- 7: Write out a plan of action.

Sparring Tournament!

Point sparring. Bopper sparring. Instructor's challenge and great Trophies! Come be a part of K4KUSA Smackdown '09. Tournament is open to all advanced and adult students. January 31, 1:30 – 3:30 right here at K4KUSA. Sign up today!

5 New Black Belts

Congratulations go out to Elaine Lazarus, Christiana Atiya, Levi Morrow, Sam Morrow, Matthew Zebro and our own Ms. Theresa Lee for getting their Tang Soo Do black belts. Tang Soo!



We Survived Another Winter Camp!

We kicked, punched, dodge-balled and paper-air planed our hearts out. Thanks to all the campers for making winter camp another smashing success!



Holiday Parade



Thanks to all the marching munchkins and spirited kickers for making the Studio City holiday parade festive and fun. We were warmly greeted by the community and once again made quite the raucous holiday appearance.





A Toothless Warrior's Spirit

Hi Master Don Vito-

Last Saturday Jackson had his test for his white with yellow stripe belt. All morning he had complained that his two front bottom teeth were bothering him but he was a trooper and went ahead with the test anyhow.

At one point, about midway through, he made eye contact with us and pointed to his mouth. We directed him to continue paying attention and he went on testing. It wasn't until after the test was over that he told us his first tooth had actually fallen out. He just tucked it under his tongue and completed the test! He lost the other tooth that night, by the way. The Tooth Fairy brought him \$2 for all his trouble... Cheers! Carolina and Bill Jackson



Karate 4 Kids USA check in with weSPARK

Master Don Vito delivered the loot, the haul, the booty, the tournament donation to weSPARK in December. Needless to say, the folks at weSPARK were thrilled with our contribution and thanked K4K USA family for our continued support.



The Break-a-thon is coming

Get your ki-haps warmed up and get ready to smash lumber. This awesome event is open to all students.

March 15. Save the date.



December Belt Promotions

Congratulations to all the students who got promoted in December. Keep up the hard work!

Ninja Nite

Cheaper than a babysitter and twice the fun. Ninja Nites have been jam-packed and rockin' so please make sure you are paid in full to reserve your spot. Ninja Nites this month: January 10 and 17.

6:00 p.m.	Drop-off
6:00-7:00	Karate workshop! Games!
7:00-7:30	Pizza! Cartoons!
7:30-8:15	More games and chaos!
8:15-9:45	Movie! Snacks!
9:45-10 p.m.	Surprise activities & pick-up!

Cost: \$40. per child/siblings \$25. Payment in full is required upon reservation.



January Students of the Month

Congratulations!

Elena Saviano – White

Vincent Vazquez – Yellow

Maya Penson – Purple

Eric Miller – Green

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. -Albert Einstein

www.Karate4KidsUSA.com

5215 Bakman Ave. ★ North Hollywood, CA 91601 ★ (818) 755-4573 ★ www.Karate4KidsUSA.com

*Free Month
Of Class*

Pay for a year tuition and get one month free!

One Coupon per Family: Offer expires 1/31/09



\$10 OFF NEW UNIFORM

Print and return this coupon to redeem \$10 off of a new uniform!

One Coupon per Family: Offer expires 1/31/09



\$20 OFF NINJA NITE

Print and return this coupon to redeem \$20 off a Ninja Nite!

Next Ninja Nites:
Jan. 10th & 17th

One Coupon per Family: Offer expires 1/17/09


