



5215 Bakman Avenue North Hollywood, CA 91601 (818) 755-4573 www.Karate4KidsUSA.com

Name: _____ Testing Date: _____
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1st GUP
Red Belt (II) Test

Terminology: Key Concepts #1-8 / Articles of Faith #1-10 / All Korean Terminology Used

- Forms: [] Kee Cho Hyung Il Bu, [] Kee Cho Hyung Ee Bu, [] Kee Cho Hyung Sahm Bu,
[] Pyung Ahn Cho Dan, [] Pyung Ahn Ee Dan, [] Chil Sung Ee Roh,
[] Pyung Ahn Sahm Dan, [] Pyung Ahn Sa Dan, [] Pyung Ahn Oh Dan,
[] Chil Sung Il Roh, [] Bassai

45° Blocks: #1-6 with kicks

Self-Defense Techniques (Ho Sin Sool): #1-30

One-Step Sparring (Il Soo Sik Dae Ryun): #1-30

Breaking Techniques (Kyok Pa)

- Kick: Spinning Back Kick
• Strike: Knife-Hand Strike

For Instructor Comments Only

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